



Montessori Minutes - *Corpus Christi Montessori School*

Summer 2018

CCMS LOVES THEIR STUDENTS

Dear CCMS Families,

We hope you are enjoying your summer. It is hard to believe we are already into our third week of summer vacation.

Several of our Lead teachers have headed to Houston for a summer of Montessori training. The dedication of these ladies is tremendous. All our Lead teachers attend Montessori training while working with CCMS. This training is intensive and takes two complete summers and one year of internship in most cases. I know they would appreciate positive thoughts sent their way.

We are also busy relocating classes, organizing, cleaning and painting. We look forward to sharing all the changes with you soon.

Please be sure to check the website for dates and information.

Enjoy your summer, spend time together making memories and stay safe.

Ms. Cerise

11th Annual Crawfish Boil

Our 11th Annual Crawfish Boil & Raffle grossed almost **\$20,000.00**. Thank you to all our families for selling tickets, soliciting raffle items, and working the event. It was a huge success and fun was had by all. A portion of this money is set aside for our future Covered Top.

Our Amazing Students

Many of our students are not only amazing on campus, but also excel in their extra curriculum activities. We want to celebrate their achievements. Congratulations to:

Track Meet

- Alana Martinez - 4th grade*
 - 100 meter - 2nd place
 - 200 meter - 3rd place
 - 400 meter - 3rd place
- Troy Tupaj - 5th grade*
 - 400 meter - 1st place
 - 800 meter - 1st place
 - Long jump - 3rd place
- Jacob Kreycki - 6th grade*
 - 400 meter - 2nd place
 - 800 meter - 2nd place
 - Long jump - 2nd place

Tennis

- Ella Blentlinger - 7th grade*
16/18 year old division tennis tournament - 2nd place

Upcoming Events

- | | |
|---------------------------|--|
| August 9 th | Staff returns to school |
| August 13 th | Meet the teachers – Lower Elem. 6 p.m. |
| August 14 th | Meet the teachers – Upper Elem. 6 p.m. |
| August 15 th | New Student Orientation 8:30 – 12. |
| | Meet the teachers – Middle School 6 p.m. |
| August 16 th | 1 st Day of School |
| August 29 th | Maria Montessori Social 5:30 – 8:00 p.m. |
| August 31 st | No School - Staff Development |
| September 3 rd | No School - Labor Day |
| September 6 th | Picture Day |

Wish List Items

- Outdoor Chalk
- All types of balls for outdoor activities
- Back Jacks for Library/Middle School
- Electric Tea Kettle for Library Kitchen
- Loveseat (2)
- Blender (2)
- Bread Maker (2)
- Convection Oven (2)
- Refrigerator
- Dry erase board (3ft x 4 ft)
- Whisks, wooden spoons, spatulas and measuring tools for cooking

BACKPACKS AT CCMS

Due to a rise in safety concerns nationwide, backpacks or any type of bags larger than lunch boxes will no longer be allowed for CCMS students.

Athletes may bring clear drawstring bags for their change of clothes and toiletries.

Water Bottles

It is important that students drink plenty of water throughout the day. Only reusable water bottles allowed on campus. Please place your student's name on reusable water bottle.

Written by [Maren Schmidt](#)



Wandering around the airport bookstore looking for reading material because, alas, I had gulped through all my books on an eight-hour flight, I lit on a bright green book by Marc Lesser, with an intriguing premise, [Less: Accomplishing More by Doing Less](#).

Lesser, an entrepreneur and Zen teacher, asks us to examine five self-defeating habits and see how engaging less in these behaviors allows us more time

and energy to engage in activities that can enrich our lives.

Fear. Fear can be a help to us by keeping us safe and out of danger. Fear can also paralyze us or divert our actions from positive outcomes. We need to conquer our main fears of losing our state of mind, humiliation, losing our reputation, losing our livelihood, and death. Lesser offers strategies to lessen fear in order to free our energies to achieve our goals.

Assumptions. The human brain fills in the gaps in our reality. As we cross over a bridge, we assume that the bridge continues to the other side. As we walk down stairs, we assume the next step will be there. When our assumptions and reality are not aligned we start working from false assumptions and create a tangle of misdirected efforts. Practicing self-awareness and communicating with others, among other activities, aid us in creating a clearer and easier to traverse picture of reality. to meet our objectives.

Resistance. Change is part of life and we can spend too much time being upset by the change instead of embracing it. When we are open to change, life seems to flow in a way that aids

our focus, self-awareness and fearlessness.

Busyness. Sometimes we try too hard, allowing fear, assumptions, distractions and resistance to sabotage our efforts. Lesser asks us to connect with the “one who is not busy.” Once we familiarize ourselves with that state of mind we can tap into it at will and be more effective. Ever notice how a walk, a hot bath, or other favorite activity summons this state of mind? Our “eureka” moments come from that alignment of body and mind. Insights from “the one who is not busy” help us define our objectives and find inspiration.

As we work on engaging less in these five self-defeating habits, we will also model for our children a different way of thinking, doing and being. As we give up these five habits perhaps we will see that we are perfect just the way we are, and with renewed focus and awareness we can accomplish more by doing less.

Distractions. Beep. Ding. Ring. The distractions and interruptions of everyday life rob us of the attention and focus we need for productive and satisfying lives. Lesser shows us methods to gain and retain focus and use our energy